

CREW VOLLEYBALL CLUB

Dear Parents and Players,

Welcome to CREW Volleyball Club (CVC)! I am excited to begin our second season together and look forward to building a strong foundation for the program. The Parent/Player Handbook contains important information regarding policies, expectations, and responsibilities. Please read it carefully and sign the acknowledgment form, as it is required for participation.

I would also like to share a few core goals that shape our mission at CVC. First, we are committed to developing each individual athlete. We focus not only on teaching complete volleyball skills but also on instilling self-discipline, dedication, and confidence—qualities that will benefit our players both on and off the court. Second, we emphasize the importance of team development. Learning to function within a positive, competitive team environment is one of the most valuable life lessons sports can offer. We expect our teams to compete at a high level in tournaments and in training, always striving to grow together and support one another. Third, we aim to prepare our athletes for the next level. For those who have the desire, work ethic, and academic standing to play beyond our program, we are committed to helping them reach opportunities in middle school, high school, and collegiate volleyball. Whatever their goals may be, our coaching staff is dedicated to helping each athlete achieve their personal best.

Thank you for choosing CREW Volleyball Club. We look forward to a successful and rewarding season!

Sincerely,
Julie White

Parent/Player Handbook 2026-2027

Practice Arrival & Preparation

Players should plan on arriving at the court 15 minutes prior to a scheduled practice time, to ensure that they are dressed and prepared for practice to begin on time. Our gym does not open until 15 minutes before our scheduled practice time.

Practice Attendance

Practices are mandatory and a player's attendance is expected. Attendance will factor in determining a player's role on the team. Attendance will be kept by the coaches throughout the season.

Consequences for unexcused absences:

- 3 unexcused absences = sit out one set in a tournament.
- 5 unexcused absences = sit out one match at a tournament.
- 6+ unexcused absences = meeting with player and family.

Excused absences include: family emergency, illness/injury (doctor's note may be required), school sport/activity conflict (schedule provided), religious education.

NOTE: Homework and studying are not excused absences.

Tournaments

Plan schedules around tournaments and notify the coach and Director of conflicts.

Tournaments take priority over other activities. Attendance is mandatory, and players are financially responsible even if absent.

Tournament Preparation & Arrival

1. Players must rest and eat properly prior to tournaments.
2. Wear official CREW gear and bring all uniform items.
3. Arrive at designated times: 1 hour before first match (if playing), 30 minutes if reffing.
4. Late arrivals may result in reduced playing time at the coach's discretion.

In-Tournament Guidelines

1. Teams stay together during the event, including reffing duties.
2. Eat and hydrate properly; avoid junk food.
3. Players remain until coach releases them, including after reffing.
4. Players may not leave the facility during the tournament.
5. Parents do not approach coaches during the tournament.
6. Parents should remain supportive and positive at all times.

Playing Time Policy

Playing time is not guaranteed, is not equal, and must be earned. It is based on performance at practices and matches. Only players, not parents, may discuss playing time with coaches.

Health, Illness & Injury Participation Policy

CREW Volleyball will not allow an athlete to participate in a practice, match, or tournament when the athlete is sick and may expose teammates, coaches, officials, or families to illness. An injured athlete will not be permitted to participate when playing could worsen the injury, delay recovery, or create an additional safety risk.

Parents and players must communicate illnesses and injuries promptly and honestly. Coaches and CREW Volleyball leadership may withhold or remove an athlete from participation when there is a reasonable health or safety concern. Medical clearance may be required before the athlete returns. A health-related removal from participation is not disciplinary.

Eligibility to Start the Season

1. Be a member of AAU and declare CVC as the club.
2. Complete and submit all forms:
 - Uniform size sheet
 - CREW Participation Release
 - Media Release Form
 - AAU Medical Release Form
 - Player/Parent Handbook Acceptance Agreement
3. Pay deposit fee.

In-Season Eligibility

1. No outstanding balance on account.
2. Players must follow Player Code of Conduct.
3. Parents must follow Parent Code of Conduct.

Policies

Refund Policy

CREW Volleyball does not issue refunds once athletes have committed. Athletes who quit remain financially responsible. Deposits are non-refundable.

Dispute/Grievance Procedure

1. 24-hour rule: wait 24 hours after an event to raise concerns.
2. Do not approach coach immediately before practice.

3. Athlete requests a meeting with coach (parents may join for 13U and younger).
4. If unresolved, complete a Conflict Resolution Form and request a meeting.
5. If still unresolved, meet with club director, coach, and athlete. Director's decision is final.

Parent Code of Conduct

Parents represent CREW Volleyball and must model positive behavior. Improper conduct may result in removal from events or program. Core principles: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship.

Player Conduct & Anti-Bullying Policy

Purpose

CREW Volleyball is committed to providing a safe, respectful, and competitive environment where athletes can grow both on and off the court. Every player is expected to contribute positively to team culture. Bullying or harmful conduct of any kind is contrary to CREW values and will not be tolerated.

Expected Standards of Conduct

All CREW Volleyball players are expected to:

- Treat teammates, coaches, officials, opponents, and families with respect and dignity
- Demonstrate sportsmanship, accountability, and self-control
- Support and encourage teammates, regardless of role or playing time

- Follow coaching instruction and club policies
- Represent CREW Volleyball positively at all times

These standards apply at all CREW-related activities, including but not limited to practices, competitions, travel, hotels, team events, locker rooms, common areas, social media, group chats, texts, and other electronic communication.

Bullying & Prohibited Conduct

Bullying is defined as any repeated or significant behavior that causes emotional, psychological, or physical harm to another player or negatively impacts the team environment.

This includes, but is not limited to:

- Verbal harassment, insults, name-calling, or threats
- Social exclusion, intimidation, or humiliation
- Spreading rumors or encouraging others to isolate a teammate
- Cyberbullying through social media, messaging apps, or group chats
- Any behavior intended to embarrass, demean, or harm another athlete

Intent is not required for behavior to be considered bullying. CREW Volleyball evaluates conduct based on impact, not intent.

One-Warning Discipline Policy

CREW Volleyball enforces a one-warning policy for bullying or serious conduct violations.

First Offense — Formal Warning

- The player will receive a formal verbal and written warning
- Parents or guardians will be notified
- The incident will be documented by CREW Volleyball leadership
- Expectations for immediate behavior correction will be clearly outlined

Second Offense — Dismissal

- Any repeat incident of bullying or similar conduct after a warning will result in immediate dismissal from CREW Volleyball
- Dismissal will occur without a refund
- The decision of CREW Volleyball leadership is final

Severe Conduct

CREW Volleyball reserves the right to immediately dismiss a player without a prior warning if conduct is deemed severe, including but not limited to:

- Threats of violence
- Physical intimidation or assault
- Harassment involving discriminatory or hate-based language

- Retaliation against a player who reports bullying or misconduct

Reporting Concerns

Players and parents are encouraged to report concerns promptly and in good faith to a CREW coach or club director. Reports will be handled discreetly and respectfully.

Retaliation against any individual who reports misconduct will be treated as a serious violation of this policy.